

*'The Spirit of the Lord is upon me, because he has anointed me to bring glad tidings to the poor. He has sent me to proclaim liberty to the captives and recovery of sight to the blind, to let the oppressed go free, and to proclaim a year acceptable to the Lord.'* Luke 4:18-19

### PATRON SAINTS

#### FEAST DAYS

St. Joseph	Mar 19
St. Gemma Galgani	Apr 11
St. Benedict of Nursia	Jul 11
St. Maximilian Kolbe	Aug 14
St. Pio of Pietrelcina	Sep 23
St. Teresa of Avila	Oct 15
St. John on the Cross	Dec 14

### AUXILIARY SAINTS

#### FEAST DAYS

St. Catherine of Siena	Apr 29
St. John Vianney	Aug 04
St. Teresa of Calcutta	Sep 05
St. John Paul II	Oct 22

### LEADERSHIP TEAM

Deacon Tom Biegel	First Officer
Letty Medina	Executive Officer
Joan Spheeris	Formation Officer
Marge Slawek	Operations Officer

### CONTACT

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**PENITENT  
SOLDIERS  
of MARY**

## WHY JOIN THE PENITENT SOLDIERS OF MARY?

- To grow in holiness and interior devotion to Jesus through Mary by living a life of discipleship centered on prayer.
- The **Rule of Life** offers a disciplined approach to contemplative prayer and communal fellowship.
- Involvement will help build a deeper relationship with the Holy Spirit.
- Mary will train her faithful soldiers to serve as vessels to her spouse, the Holy Spirit.
- Mary is the perfect model of humility and obedience, which opens the doors of the soul to the workings of the Spirit.

## HOLY MISSION

The Penitent Soldiers of Mary live under a communal **Rule of Life** to imitate holiness and pray in the Spirit for the healing and liberation of souls. This includes people of all ages, as well as those facing addiction.

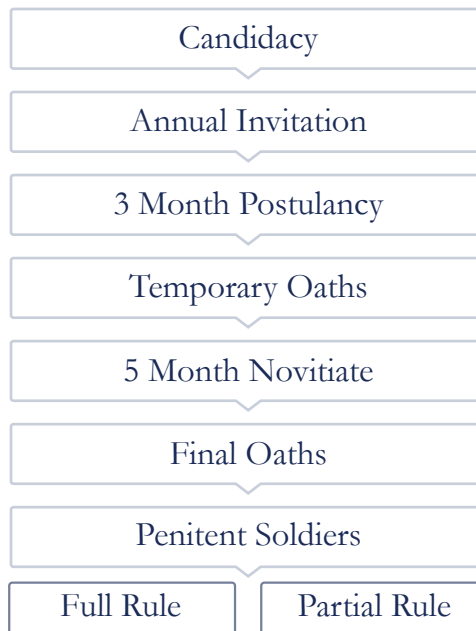
Penitent Soldiers are uniquely devoted to the interior life, while proclaiming, teaching and living the truths of the Catholic Faith.

Steeped in tradition and reverence, the Penitent Soldiers dutifully present individuals to Jesus through the Immaculate Heart of Mary to build up the kingdom of God.

## SPIRITUALITY

- Unwavering desire to grow in holiness
- Embraces a sacramental life and proven avenues of grace
- Committed to orthodoxy, discipline, and obedience
- Believes in the universality of the Gospel message
- Patiently endures long suffering
- Certain of the unrivaled power, authority, and sovereignty of Jesus
- Recognizes the reality of Satan and the demonic

## PROCESS OF DISCERNMENT



## RULE OF LIFE

### FULL RULE

#### DAILY

- Mass (If Possible)
- Divine Office, Morning and Evening
- Rosary
- Silence and Mental Prayer

#### WEEKLY

- Communal Rosary from Home
- Holy Hour, Communal
- Fasting (Fri. with Wed. Optional)

#### MONTHLY

- Confession
- Spiritual Direction

#### MARIAN CONSECRATION

### PARTIAL RULE

#### DAILY

- Divine Office, Morning Prayer
- Rosary (Highly Encouraged)

#### WEEKLY

- Communal Rosary from Home
- Holy Hour, Communal
- Fasting (Fri. Highly Encouraged)

#### MONTHLY

- Confession
- Spiritual Direction (Highly Encouraged)

#### MARIAN CONSECRATION

### HONOR GUARD

#### DAILY

- Rosary (Highly Encouraged)

#### WEEKLY

- Communal Rosary from Home (Highly Encouraged)

#### MONTHLY

- Holy Hour, Communal First Week of the month